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Can't make 'cents' out of the economy? The Financial Readiness Program can help.
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The Fort Jackson *Leader*

Thursday, October 9, 2008

Published for the Fort Jackson/Columbia, S.C. Community

www.fortjacksonleader.com

Jammin' at Fort Jackson



Photo by Susanne Kappler

Charlie Daniels, left, and guitarist Bruce Brown perform for Soldiers and the Fort Jackson community at Hilton Field Friday as part of the "Spirit of America Tour." Daniels is best known for his 1979 hit, "The Devil Went Down to Georgia." See page 20-21 for more.

Open house teaches children fire safety

Daniel Terrill
Leader Staff

Fort Jackson's fire station was bursting with excitement Saturday, not because of an emergency, but to prevent one, during their open house jump starting Fire Prevention Week.

During the marketing blitz, the fire department gave kids at the schools on post homework assignments that had them inspect their house, helping to establish the week's theme: prevent home fires.

"We're trying to get across that it's everybody's job to make sure the house is fire safe, not just the parents," said Fire Protection Inspector Pete Hines, Fort Jackson Fire Department.

The National Fire Protection Association

picks the theme every year, said Hines, who has been a firefighter for 18 years and with Fort Jackson for 10. NFPA also writes all the fire safety and building codes.

Many attractions at the event helped teach general fire safety tips and steps like creating a home-fire escape plan. For example, "checking the doors [for warmth]" is one step Debra Dyer said she learned while watching her daughter escape from the practice room, "I wouldn't have thought about that."

Other tips include: cooking with care; looking for damaged electrical wires and power strips; completely extinguishing smoking materials like cigarettes and candles; and, maintain-

See **Open House** Page 3

The recipe for success

2-39 DFAC prepares for next level

Susanne Kappler
Leader Staff

One Fort Jackson dining facility has already set the standard for food service in the Southeast; now the bar is set even higher.

In July, the 2nd Battalion, 39th Infantry Regiment DFAC won the Philip A. Connelly Award for Excellence in Army Food Service as the best large facility in the Southeast Region, U.S.

Army Installation Management Command.

Once again, the DFAC is preparing to compete — this time in the Army-wide contest.

"That's the last step. You can't go any higher," said Barbara Johnson, manager of the 2nd Bn., 39th Inf. Reg. DFAC.

Army food service specialists will visit the facility Oct. 28 and evaluate its performance

See **DFAC** Page 3



Photo by Susanne Kappler

Macy Arrington, a cook with the 2nd Battalion, 39th Infantry Regiment dining facility, puts the finishing touches to the harvest-themed decoration before lunch Tuesday during the DFAC's rehearsal for the Oct. 28 Army-wide Philip A. Connelly Award competition for excellence in food service.

COMMANDERS' CORNER

From the Commanding General

Motorcycle riders, must comply with policies, rules

So far this year, the Army has lost 50 Soldiers in motorcycle accidents. Trend analysis indicates excessive speed, reckless operation and operator inexperience as common causal factors.

Alcohol use as a contributing factor is not uncommon, and failure to wear a helmet often leads to increased severity of injury.

The Fort Jackson Motorcycle Safety Program is designed to include the full spectrum of motorcycle safety, including training (initial, progressive, and refresher), leadership, mentorship and responsibilities.

Detailed guidance can be found in Policy Memorandum 6-10, Fort Jackson Motorcycle Safety Program.

While I expect our motorcycle riders to have the integrity to do the right thing and the self discipline to ride safely, I also expect leaders at all levels to ensure that we have provided our Soldiers with the tools and training to help keep them out of harm's way.



Brig. Gen. May

Although all Soldiers and Civilian employees are required to attend Traffic Safety training at the Safety Office within 30 days of their arrival at the installation, motorcycle safety is also a required element in unit-level reception and integration counseling for all new Fort Jackson personnel.

At a minimum, all Soldiers will complete a Motorcycle Operators Checklist and all Soldiers who own a motorcycle will complete a motorcycle agreement. These documents are available from each unit's Additional Duty Safety Officer.

All Soldiers must complete the Basic Riders Course before they can ride a motorcycle (Civilians must complete the training before they can ride on the installation). The training is free, and Soldiers and civilian employees will not be charged pass or leave to attend.

Training motorcycles are provided, and personnel are encouraged to attend the training before they purchase a motorcycle.

The training will help them determine what size/type motorcycle is right for them. Contact the Safety Office at 751-6004.

Beginning Nov. 1, all new Soldiers who own motorcycles will be required to complete refresher training within 30 days of their arrival. These Soldiers will attend either the Experienced Riders Course or the Military Sport Bike Course, depending on which type of motorcycle they own. These courses are also available for our current Soldiers and civilian employees, who desire additional training. Again, contact the Safety Office at 751-6004 to sign up.

Each military organization is required to support an active Motorcycle Mentorship Program. As a minimum, each new rider will be paired with an experienced rider as a mentor. Motorcycle riders should also consider membership in a club that supports safe riding. One such club is the Victory Riders Motorcycle Club that operates as a private organization right here on Fort Jackson. You can find more information on the club at <http://www.fjvictoryriders.com>.

Additional information on the Motorcy-

cle Mentorship Program can be found at the Combat Readiness Center Web site at <https://crc.army.mil/mmp/>.

It is important to remember that while the motorcycle rules and procedures only apply to civilians when they are on the installation, Soldiers are bound to comply with these policies at all times, including when they are off duty and off post.

It is fair to assume that we will continue to see an increase in Soldiers who ride motorcycles for the foreseeable future.

Leader engagement at all levels, combined with the personal discipline of motorcycle operators are critical elements in the effort to mitigate the hazards to our Soldiers who ride. We place inestimable value on the life and well-being of all members of the Fort Jackson family and we just cannot afford to lose a single person to a needless tragedy that we had the means to prevent.

For a comprehensive list of Personal Protective Equipment, see page 6.

Mission First — People and Safety Always.

Ask the Garrison Commander

Soliciting donations from local businesses

Q What are the rules governing soliciting local businesses to contribute items to give away at unit organizational days or parties?

A In accordance with AR 100-1 (Gifts and Donations), Department of the Army personnel may not solicit gifts from potential donors. Unsolicited gifts of nominal value offered by outside sources may be accepted. When in doubt, always consult your ethics counselor. Family, Morale, Welfare and Recreation is authorized to



Col. Dixon

solicit commercial sponsorship under the authority of AR 215-1.

Sponsorship solicited by FMWR is used for FMWR programs and events, to include unit funds, and is defined as the exchange of funding, goods or services by an individual, agency, company or corporations in return for public recognition or opportunities for advertising.

Only FMWR sponsorship and advertising personnel who have received annual sponsorship training; attended ethics training; and who have been

appointed in writing are authorized to solicit and sell on behalf of Army FMWR programs and events.

Garrison Fact of the Week

Remember, exercise helps your cardio-fitness level if it involves the large muscle of the body, maintains a continuous motion and raises your heart rate. Cardio-fitness choices include: running, brisk walking, jogging, swimming laps, bicycling and step aerobics.

To submit questions to "Ask the Garrison Commander," call 751-5442, or e-mail Scott.Nahrwold@conus.army.mil.

The Fort Jackson Leader

Fort Jackson, South Carolina 29207

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Correction ...

In the article, "Last respects paid to two BCT Soldiers" in Oct. 2 issue, Pvt. Derryl Britt did not undergo surgeries for his condition and his graduation date should have been Oct. 30; and Pvt. Dominique Gibson-Brooks should have been Pvt. Dominique Brooks.

Fort Jackson exceeds retention goal by 166

Daniel Terrill
Leader Staff

When a Soldier's contract of enlistment ends there are two routes available: Sign another contract, or, get out of the Army and pursue another route — pretty simple. When facing both options some ask the question, "Why?" while at Fort Jackson many Soldiers instead ask, "Why not?"

At the end of the fiscal year, Sept. 30, Fort Jackson had retained 166 Soldiers more than its goal of 391, said Sgt. Maj. Richard Jones, command career counselor for the Fort Jackson Post Reenlistment Office. These numbers contribute to the Army's annual retention goal of 65,000 Soldiers a year.

Many Soldiers reenlist because they have a good working environment and strong leaders who get involved and care about them, Jones said. But incentives, such as a cash bonus tacked on to their contract, also help persuade Soldiers to reenlist.

These bonuses range from \$3,000 to \$22,000, depending on rank, military occupational specialty, years of service and the number of years added to the contract.

"A bonus is not a reason to reenlist, it's an incentive," Jones added.

Just ask Staff Sgt. Larry Slone, an MP, who was the first Fort Jackson Soldier to reenlist for the 2009 fiscal year. For him it wasn't the bonus that enticed him, it was a combination of job security and the fact that he's nearing his 12th year in the Army.

"Once you're over the 10-year mark, you've only got a downhill slope until you actually can retire from the military," Slone said. "Regardless of what your career is after the military, you always have that retirement [pay]."

Jones said that according to the current bonus message, another option available is transferring educational benefits to family members. In this case, if a Soldier is getting a cash bonus he or she may submit \$3,200 of it so that a fam-

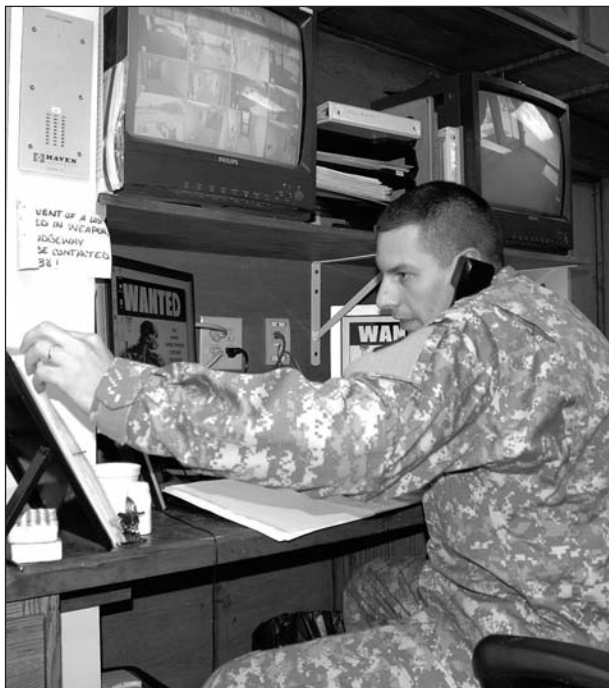


Photo by Daniel Terrill

Staff Sgt. Larry Slone, Military Police, answers a phone call at Emergency Services within an hour of reenlisting Oct. 1, which is the beginning of the fiscal year.

ily member can use the GI Bill.

Slone said he and his wife thought about the option and decided to wait until his daughter gets closer to college-age.

Jones started his new mission Oct. 1. Armed with the new bonus message, he aims to once again surpass Fort Jackson's reenlistment goals.

As for Slone, soon he will not be working with Soldiers. Instead he'll be putting them into the Army. He began recruiting school Monday.

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DFAC (continued from Page 1)

based on food preparation and serving; administration; training and supervision; head count procedures; sanitation and safety; equipment maintenance; receipt and storage of subsistence; and command support.

Robert Cook, food service quality assurance evaluator, finds value in the experiences gained in the regional contest.

"From the last round, we learned that we have to be on top of our food preparation, sanitation and paperwork," Cook said. "My expectation is to win."

Lt. Col. Collin Fortier, commander of the 2nd Bn., 39th Inf. Reg., agreed that the DFAC staff has what it takes to take the top prize.

"Of course we will win," Fortier said. "Our difference is simple — the people in the mess hall. They put a bit of love in the food and service and that difference shines through. The true award is the compliments and comments from the Soldiers given to the DFAC cycle after cycle. The Connelly Award is just recognition of those sentiments."

Although the confidence level is high, a lot of work remains to be done before the evaluation.

To prepare for the event, the DFAC conducted a dress rehearsal Tuesday, serving — among other things — grilled ribeye steak with onions, baked catfish fillet, black pearl rice and Italian green beans to the battalion's Soldiers.

Beverly Sowell, food service contracting officers representative, pointed out that the victory will not come easily.

"We definitely have some good competition out there. We're competing against Army dining facilities worldwide," Sowell said. "My expectation for the next round is to take it a step above what we've already done."

According to Michael Heckman, food program manager, the 2nd Bn., 39th Inf. Reg. DFAC has one advantage over other facilities vying for the award.

"Here at Fort Jackson, our dining facilities probably feed more people than any other facilities in the Army, at least competing in this competition," Heckman explained. "So I think we have the experience of feeding lots of folks and we're going to do great in the 'large' category competition because of that."

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Open House (continued from Page 1)

-ing fire safety equipment like smoke alarms and extinguishers.

Hines said something new has been added to the list: checking for appliance recalls. After selecting an item to buy, a person should set aside extra time for research or delay the purchase to ensure it is not recalled.

Some parents like 2nd Lt. Vincent Myers, Alpha Company 2nd Battalion 60th Infantry Regiment, who has worked as a firefighter for more than 14 years, said he probably wouldn't learn anything new by attending the fire department's open house.

"But my children, they're learning something every year. I'm glad to see that."

He said he is pleased to see hands-on activities.

"Instead of going to a boring classroom to learn something they actually get to play with fire engines and have a good time out here."

The fire department's focus is to catch children's attention, said Fire Chief Bill Forrester, Fort Jackson Fire Department.

"The kids, they absorb this kind of stuff and they're going to go back and they're going to teach their parents."

Concluding Fort Jackson's contributions to Fire Prevention Week, the fire department will host an awards ceremony for the Fire Prevention Essay and Poster Contest winners at 1 p.m. today at the fire house.

By the end of the week, Hines said he'd like the Fort Jackson community members to "focus back on their homes. Take a little bit of time to look at the fire safety in their house to make sure their family is safe."

For more information on fire safety or Fire Prevention Week, call 751-1610/1611 or visit www.nfap.org.

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Photo by Daniel Terrill

Firefighter Shane Morris helps a boy aim the hose to properly extinguish a fire at the Fire Prevention Week kickoff Saturday at the Fort Jackson Fire House. The simulation shows children, using a forestry hose, where firefighters aim and what they look for at a house fire.

Around Post

Post CSM Change of Responsibility

The post command sergeant major will have a Change of Responsibility and Retirement Ceremony at 9 a.m., today at the Joe E. Mann Center. Command Sgt. Maj. Brian L. Carlson will relinquish responsibility to Command Sgt. Maj. Brian M. Stall.

Legal Education Program

The Office of the Judge Advocate General is accepting applications for the Army’s Funded Legal Education Program. Selected officers will attend law school beginning Fall 2009. Officers interested in applying should register for the Law School Administration Test. For more information on the application process and eligibility criteria, call 751-7657.

SSI welcomes new command sergeant major



Photo by Staff Sgt. Kandee Bennett

Command Sgt. Maj. Billy Blackmon addresses the audience after his Change of Responsibility ceremony as command sergeant major of the Soldier Support Institute Oct. 2 at the SSI auditorium. He succeeds Command Sgt. Maj. Andre Douglas, who retired.

October Promotions

<u>Name</u>	<u>Rank</u>	<u>Unit</u>	<u>Name</u>	<u>Rank</u>	<u>Unit</u>
David L. Parker	LTC	HHD, 193rd Inf. Bde.	Patrick L. Rivers Jr.	SFC	Co. B, 2nd Bn., 60th Inf. Reg.
Philip S. Suh	LTC	USA MEDDAC FJ	Ivonne I. Rountree	SFC	Co D 3rd Bn., 34th Inf. Reg.
Patrick A. McAbee	CPT	Co. C 2nd Bn., 60th Inf. Reg.	Nicole L. Simonson	SFC	Co. C, 2nd Bn., 60th Inf. Reg.
Ismael Rivera III	CPT	HQ/Co. A, 2nd Bn., 60th Inf. Reg.	Sovan V. Son	SFC	Co. C, 3rd Bn., 34th Inf. Reg.
Tysalaam K. Bowman	1LT	Co. F, 3rd Bn., 60th Inf. Reg.	Yamekeia R. Thompson	SFC	Co. F, 3rd Bn., 34th Inf. Reg.
Thomas N. Byrd	1LT	Co. B, 2nd Bn., 60th Inf. Reg.	Brian D. Tuckwood	SFC	HQ/Co. A, 2nd Bn., 39th Inf. Reg.
William S. Fitzgerald	1LT	Co. F, 1st Bn., 61st Inf. Reg.	Willie E. Washington	SFC	Co. F, 3rd Bn., 13th Inf. Reg.
Galin G. Knight	1LT	Co. C, 3rd Bn., 13th Inf. Reg.	Algrish C. Williams	SFC	Co. E, 1st Bn., 34th Inf. Reg.
Vincent W. Myers	1LT	HQ/Co. A, 2nd Bn., 60th Inf. Reg.	Raymond S. Young Jr.	SFC	Co. C, 1st Bn., 13th Inf. Reg.
Amy D. Letson	1LT	USA MEDDAC FJ	Jose Ceja	SSG	Co. D, 3rd Bn., 34th Inf. Reg.
Antoinette D. Green	MSG	Co. A, Victory Support Bn.	Darius L. Champion	SSG	Co. E, 2nd Bn., 13th Inf. Reg.
Corey A. Hall	MSG	Co. A, 187th Ord. Bn.	Noemi Conley	SSG	HQ/Co. A, 3rd Bn., 60th Inf. Reg.
Melvina Leger	MSG	Co. F, 1st Bn., 34th Inf. Reg.	Meredith R. Greene	SSG	USA MEDDAC FJ
Donald E. Locke	MSG	HHC, 157th Inf. Bde.	Makesha S. Minniefield	SSG	Co. F, 120th FTU AG Bn.
Joyce E. Palmer	MSG	Co. B, 120th AG Bn. Reception	Josias J. Pico	SSG	Co. E, 2nd Bn., 13th Inf. Reg.
Shauntenette D. Stanten	MSG	Co. B, Training Support Bn.	Roger E. Sanchez	SSG	Co. E, 1st Bn., 61st Inf. Reg.
Dwight L. Wallace	MSG	Co. F, 3rd Bn., 13th Inf. Reg.	Sixto Y. Santana-Lopez	SSG	HQ/Co. A, 3rd Bn., 34th Inf. Reg.
Mary F. Wilcox	MSG	Co. D, 2nd Bn., 60th Inf. Reg.	Latedra E. Sather	SSG	IMCOM FJ
Tasha K. Alston	SFC	Co. B, 1st Bn., 34th Inf. Reg.	Mauricio Sosa	SSG	USA Chaplain School
Derrick L. Dixon	SFC	Co. F, 2nd Bn., 60th Inf. Reg.	Kevin D. Wilson	SSG	Co. D, 3rd Bn., 13th Inf. Reg.
Shawn C. Fleming	SFC	HQ/Co. A, 3rd Bn., 34th Inf. Reg.	Lachere T. Wright	SSG	USA MEDDAC FJ
Larry D. Grijalva Jr.	SFC	Co. D, 2nd Bn., 13th Inf. Reg.	Christopher K. Yankah	SSG	Co. C, 187th Ord. Bn.
Joshua C. Holthus	SFC	Co. E, 2nd Bn., 60th Inf. Reg.	Alana N. Abraham	SGT	HHC, 1st Bn., 13th Inf. Reg.
Millicent D. Hudson	SFC	Co. E, 1st Bn., 34th Inf. Reg.	Richard J. Alston	SGT	HQ/Co. A, 1st Bn., 34th Inf. Reg.
Shelita R. Jones	SFC	HQ, 1st Bn., 61st Inf. Reg.	Pablo L. Asencio-Torres	SGT	USA MEDDAC FJ
Donnie G. Judy Jr.	SFC	Co. E, 3rd Bn., 60th Inf. Reg.	Matthew D. Burns	SGT	USA MEDDAC FJ
Jason Kushner	SFC	NCO Academy	Graham L. Byrd	SGT	282nd Army Band
Kelvin Manning	SFC	HQ/Co. A, 1st Bn., 13th Inf. Reg.	Allen C. Fore Jr.	SGT	Co. D, 1st Bn., 61st Inf. Reg.
Ryan J. McCaffrey	SFC	HQ/Co. A, 1st Bn., 61st Inf. Reg.	Kari E. Hurd	SGT	HHC, 120th AG Bn. Reception
Michael McGee	SFC	HHC Training Support Bn.	Michael A. Jernigan	SGT	17th MP Det.
Rachel M. McQueen	SFC	HQ/Co. A, 369th AG Bn.	Unique McDowell-Edwards	SGT	Co. E, 1st Bn., 34th Inf. Reg.
Joseph A. Mezzofante	SFC	Co. C, 3rd Bn., 13th Inf. Reg.	Paul A. Reifke II	SGT	17th MP Det.
Arnedtra L. Mitchell	SFC	USA Chaplain School	Felicia N. Riggins	SGT	HHC, 120th AG Bn. Reception
Chiquita C. Moody	SFC	HQ/Co. A, 1st Bn., 13th Inf. Reg.	John W. Sawyer	SGT	282nd Army Band
Benjamin H. Patterson	SFC	Drill Sergeant School	Jacob J. Villarreal	SGT	Co. F, 2nd Bn., 39th Inf. Reg.
Ricky L. Pratt	SFC	Co. B, Victory Support Bn.	Jerry L. Williams	SGT	HHC, 171st Inf. Bde.

Customer Service Corner

The Army's Installation Management Command is putting the finishing touches on the Customer Assessment surveys that will officially launch Oct. 20. The assessments fall into two main categories — corporate and constituent — and will be accessed from the same Web link. The exact link will be published within the next few weeks.

These surveys represent an opportunity to provide a comprehensive review and report of the garrison services used. Where the Interactive Customer Feedback system only captures individual customer satisfaction data from a single provider based on a single transaction, the assessments will capture much more.

"This is an opportunity for customers to assess garrison service providers based on the performance and importance of the service," said Angelo Walker, IMCOM Southeast Region Customer Management Services coordinator. "The services are rated from the viewpoint of the unit leaders, Soldier and family perspective."

The corporate assessment piece will provide measurable feedback from an important customer group — those unit commanders and staff officers from the company level through the leadership, as well as senior civilian directors.

Using a scale of one (very poor) to five (excellent), corporate customers will rate the performance and importance of serv-

ices provided in each of the Garrison's directorates. Respondents will also be asked to identify the top five most important services within each directorate that contribute to the unit accomplishing its mission. The survey is designed to be completed in 20 to 30 minutes.

"The corporate assessment piece is huge," said Christina Garza, Fort Jackson customer service officer. "So much of what the garrison does is specifically for Soldiers at all levels. It's essential that we capture the feedback from them."

There won't be much difference between the services the corporate/unit leaders are asked to rate and those rated by junior enlisted Soldiers and noncommissioned officers within the companies, Garza said.

The results of the survey will be reported separately to capture the ratings provided by the two distinct groups, so the Garrison commander can see what is most important to the unit leadership.

"The ultimate goal is to provide the best quality of services we can within the garrison," she said. "If we can provide services our customers want — and provide them well — then we're doing the right things to support our Soldiers and their families as well as every other customer who uses the garrison services."

But, she said, the only way the garrison commander can get an accurate pic-

ture of customer satisfaction and customer expectations is by receiving maximum participation from the customers.

IMCOM leaders plan to consolidate the assessment data from each installation and begin analysis after the survey window closes. The Fort Jackson data will come to the CSO for a detailed analysis at the installation level before the December Garrison Commander's Conference. Slightly more than 1,500 customers participated in the pilot survey last year at seven sites.

"I'd really like the Fort Jackson community members to step up and encourage each other to complete the assessment. With maximum community participation we will be able to accurately assess how well our entire community is supported by the garrison. This information will be used to improve customer service and support across the installation.

For more information on the corporate assessment, or the customer assessments as a whole, call 751-4926.

ICE Appreciation

The garrison congratulates Moncrief Army Community Hospital, specifically the Patient Services/ Managed Care Division and the Allergy Clinic. They have achieved a 5.0 and a 4.93 rating, respectively, in employee/staff attitude out of a possible 5.0 for a 12-week period.

A tip of the campaign hat to this week's ...

Drill Sergeants of the Cycle

From the "Forty Rounds" Battalion



Staff Sgt. Heath Heslop
Company A,
3rd Battalion,
13th Infantry
Regiment



Staff Sgt. Elizabeth Jackson
Company B,
3rd Battalion,
13th Infantry
Regiment



Sgt. 1st Class Suzette Duncan
Company C,
3rd Battalion,
13th Infantry
Regiment



Staff Sgt. Alexis Figueroa
Company E,
3rd Battalion,
13th Infantry
Regiment



Staff Sgt. James Madison
Company F,
3rd Battalion,
13th Infantry
Regiment

Own the Edge

Be Wise. Stay Alive. Wear Your PPE!

Helmets

Certified by the manufacturer to meet or exceed DOT standards. Must be properly fastened under the chin.

Eye protection

Face shield or impact/shatter-resistant goggles. A full face helmet with proper shield provides the best protection.

Clothing

Long-sleeved shirt or jacket, long trousers, and full-fingered gloves or mittens designed for use on a motorcycle.

Sturdy foot wear

Leather boots or over-the-ankle shoes must be worn.

Personal Protective Equipment

A brightly colored upper outer garment during the day and retroreflective at night is required. *Note:* Black is the most common color for motorcycle clothing. Countermeasures should be applied to make riders more visible as pictured above. If the belt is worn, it should be worn diagonally across the shoulder to maximize visibility.

U.S. ARMY U.S. ARMY COMBAT READINESS CENTER
<https://csrc.army.mil>

own the EDGE
Composite Risk Management

Pentagon hosts national CFC kick-off

Jacqueline M. Hames
Army News Service

WASHINGTON — Secretary of the Army Pete Geren launched the National Capital Area Combined Federal Campaign during a ceremony Oct. 2 open to Soldiers and Army employees in the Pentagon auditorium.

“You live a life of service to others,” Geren said, addressing Soldiers as well as civilians, “This is one more way you can touch the lives of others, a way to help make lives for others.”

Last year the Army’s goal was to raise \$2.8 million, Geren said, and they exceeded it, raising nearly \$3.4 million.

“This year the Army’s goal is to raise \$2.95 million, and there is no doubt that with your help we will meet and beat our goal,” he said.

Purple Heart recipient Staff Sgt. Christopher Payne lost his left leg above the knee in 2005 while removing improvised explosive devices in Iraq. Shortly after he was admitted to Walter Reed, his wife gave birth to their second child. Operation Homefront,

which provides emergency assistance to troops and their families, provided Payne and his family an apartment near Walter Reed.

“It was great for me,” he said, explaining how living with his family during rehabilitation improved his morale. Since moving in, he said his rehabilitation has improved “200 percent.”

Payne emphasized the importance of helping Soldiers to find a connection with the CFC, because sometimes the campaign is overlooked.

“Before I was injured, I had no idea how many organizations were out there,” Payne said. “Being injured gave me a connection” to other charities.

The audience was excited about the start of the campaign as well. Col. Tim Burke, attending for leadership in the Chief Information Office/G-6, said it was enlightening to hear what the speakers had to say.

“I believe many will be inspired to look at what options there are for supporting the CFC,” he said.

Burke believes the campaign will pro-

vide people a way to be instantly aware of various charities, and will allow the opportunity for people to focus their support on an area of interest.

Katie Dankowski, a representative from the Make-a-Wish-Foundation, encouraged the audience to participate in the campaign. The foundation grants children with life-threatening diseases their biggest wish. A wish recipient, Katie was able to meet Michael Jordan, her “idol,” and knows firsthand the importance of CFC donations.

“I know how difficult treatments can be, and you guys make the difference in our lives,” she said, thanking the audience for past generosity. “You make the wish.”

The CFC is the world’s largest workplace charity drive and raises millions of dollars every year to assist 4,000 charities through donations from federal employees and service members. The CFC supports eligible non-profit organizations that provide health and human service benefits throughout the world.

Editor’s note: An article by J.D. Leipold contributed to this report.



Photo by Jacqueline M. Hames

Katie Dankowski addresses the audience during the National Capital Area Combined Federal Campaign kick-off.

DA announces 2009 OIF rotation schedule

Staff Report
Army News Service

The Department of the Army has confirmed the Department of Defense’s announcement for the next rotation of major units scheduled to deploy in support of Operation Iraqi Freedom.

The announcement involves a corps headquarters, a division headquarters, and seven brigade combat teams consisting of approximately 22,000 people. The deployment window for these units will begin this winter and continue into summer 2009.

The Corps and Division Headquarters confirmed as part of the regular rotation to Iraq are the I Corps (America’s Corps), Fort Lewis, Wash, and the 1st Cavalry Division (First Team), Fort Hood, Texas.

Since 1918, the Soldiers of I Corps have served with distinction and have made I Corps America’s most deco-

rated corps in the active Army. The Corps has participated in more campaigns than any other corps and is the only corps ever to receive the U.S. Presidential Unit Citation. I Corps is now able to deploy on short notice with both Active Army and Reserve Component forces.

The 1st Cavalry Division (First Team) is a rapidly deployable heavy armored division of the United States Army with base of operations at Fort Hood, Texas. It is the largest division of the U.S. Army with 19,200 soldiers. Currently the division is organized with four ground maneuver brigade combat teams and one Air Combat Brigade. The Division assumed duties as the Headquarters, Multi-National Division - Baghdad in November 2006, and redeployed to Fort Hood in December 2007. This will be the 1st Cavalry Division’s third deployment in support of Operation Iraqi Freedom.

The seven brigade combat teams confirmed as part of

the regular rotation to Iraq are the 4th (Highlanders) Brigade Combat Team, 1st Armored Division, Ft. Bliss, Texas; 4th (Red Devils) Brigade Combat Team, 82nd Airborne Division, Fort Bragg, N.C.; 5th (Strike and Destroy) Stryker Brigade Combat Team, 2nd Infantry Division, Ft. Lewis, Wash; 1st (Devils in Baggy Pants) Brigade Combat Team, 82nd Airborne Division, Ft. Bragg, N.C.; 3rd (Arrowhead) Stryker Brigade Combat Team, 2nd Infantry Division, Ft. Lewis, Wash; 4th (Dragons) Brigade Combat Team, 1st Infantry Division, Ft. Riley, Kan; and the 115th Fires (Cowboy Thunder) Brigade, Cheyenne, Wyo.

Soldiers and family members continue to make great sacrifices for the good of our country and in response to theater requirements. America’s Soldiers are performing magnificently around the world during this time of war, and they appreciate and acknowledge the continued support of the American people.

FEATURE

Son follows in father's career footprints

Susanne Kappler
Leader Staff

As a boy, Pvt. Michael W. Miller Jr. loved cars — a passion his father, Michael W. Miller Sr. has passed on to him.

The father is a retired first sergeant who worked in the Army as a light-wheel vehicle mechanic.

“When we used to be at home, he used to try and teach me stuff,” the son said. “I thought that would be something useful to pick up on.”

It was not surprising that Michael Jr. would follow his father's footsteps by enlisting in the Army and by choosing the same military occupational specialty. He is currently in Advanced Individual Training, assigned to Company A of the 187th Ordnance Battalion, and one of his instructors at the Wheel Vehicle Mechanic School is his father.

The elder Miller taught his son for four weeks during Module 8 of the course, which deals with brake systems. He admits he was a bit harder on his son than on some of the other students.

“I don't want his peers to think he's getting any slack,” the father said.

When the young Soldier realized his father was one of his instructors, he was apprehensive initially.

“At first, I was kind of scared,” Michael Jr. said. “I was like, ‘Man, I hope it's not going to be like it used to at home when I used to mess up.’ I sat in class and after a while, I just started relaxing.”

As it turned out, the younger Miller had no reason to be worried.

“He did real well,” his father said. “He scored a 96 on his end-of-course test.”

Actually, the time they spent together might have been harder on the father than the son.

“It was a challenge for me, basically, just to stay away and see how much he learned and see how much my peers taught him, too, and see how much he retained,” Michael Sr. said.

The father kept an eye on his son's development throughout the course.

“He doesn't know I tracked him all the way from Module 1 to Module 9,” the elder Miller said. “So I knew what he was doing the whole time.”

The retired first sergeant is pleased his son has joined the Army and chosen the



Photo by Susanne Kappler

Michael W. Miller Sr., light-wheel vehicle mechanic instructor, watches his son, Pvt. Michael W. Miller Jr., Company A, 187th Ordnance Battalion, tighten a part on a vehicle during Module 8 — brake systems.

same MOS he had.

“Going from civilian to Soldier has been a great accomplishment for him,” Michael Sr. said. “If he doesn't decide to

do 20 years in the military, he always has a trade to fall back on, being a 63B. I'm very proud he chose that.”

Susanne.Kappler1@us.army.mil

Financial Readiness Program makes ‘cents’ for Soldiers

Mike A. Glasch
Leader Staff

A weakening economy with higher interest rates, a plummeting stock market and tougher credit standards have more Soldiers seeking financial help.

According to Madelyn Mercado, Financial Readiness Program manager, during Fiscal Year 2008, nearly \$1 million was given or loaned through the emergency financial assistance program.

“What you see happening on Wall Street trickles down, affects our everyday lives,” Mercado said. “Right now we are in the reactive mode of putting out financial fires. However, I'd like to see us spend more time talking to Soldiers about investing their money.”

The emergency financial assistance is a separate commander's program, funded through Army Emergency Relief, and is available only to active and retired Soldiers, their ID card dependents and survivors of active and retired deceased Soldiers. It is also the only program that requires a Soldier's commander be notified.

“When a Soldier applies for financial assistance (either an interest-free loan or grant) the application has to be reviewed by the unit's first sergeant or commander,” Mercado said.

She stressed that most commanders want to help a

Soldier; they want the Soldier to take care of the issue and move on.

“(Commanders) don't want to know the financial details. They have too many other things to worry about,” she said. “What they want to ensure is that the Soldier has taken care of his or her problem so that individual can perform his or her mission.”

Not dealing with financial problems can have an adverse effect on a Soldier's career.

“In some cases it affects their job, because their job requires a security clearance. A Soldier's commander may have to require the Soldier to correct the financial issues or the Soldier may face losing the security clearance and as a consequence his or her ability to perform certain military duties,” Mercado said. “That may mean having to reclassify or getting kicked out of the Army. It depends on the severity of their issues.”

ACS FRP also offers individual financial counseling, assistance with debt liquidation, a financial literacy



program, consumer advocacy and financial investing classes. The programs are free and available to the entire Army Family (Soldiers, family members, retirees and DoD civilians). All counseling and debt liquidation services are confidential unless a Soldier is referred by the unit commander.

“We are trying to teach our Soldiers to be financially savvy,” Mercado said. “We are here to teach how to build wealth instead of debt.”

One way to build wealth is the Thrift Savings Plan. Mercado said that even though there have been record declines in the stock market, now is a good time to invest.

“Stocks have been the way to make money. Before \$100 might have bought you 100 shares, now that same \$100 might buy you 200 shares,” she explained. “For those who have 10 or more years before they retire, they'll be able to make money as the stock market recovers, which it has historically done.”

For more information on financial readiness call 751-5256.

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FEATURE

Hispanic Heritage celebration melds culture, taste

Daniel Terrill
Leader Staff

Entering the Hispanic Heritage Celebration Saturday at Patriot Park, patrons were either guided by their eyes and ears to the music and dancing, or by their noses as the smell of Hispanic foods filled the air.

Kicking off the ceremony this year, former mayor of San Juan, Puerto Rico, Dr. Hernan Padilla addressed the theme “Getting Involved: Our Family, Our Community, Our Nation.”

Padilla stressed the diversity of the Hispanic community and the need to break stereotypes as Hispanics grow to be the largest minority group in America at about 45.5 million.

Afterward, “La Fiesta!” began with dance performances by the Pierce Terrace Elementary School with 102 students dressed in various traditional Hispanic attire, said Laura Batista, Spanish teacher. Dance styles included those from Mexico, Dominican Republic, Puerto Rico, Spain and Cuba, and even featured contemporary children’s songs.

Anni Mezzofante, who was guarding a picnic table full of pinatas and sombreros awaiting their turn during the festivities, watched her two children dancing in the performance. Mezzofante said her favorite part of the celebration is watching the kids have fun.

“They’ve been working on this as part of their Spanish class and so this is just a bonus for all of them,” she said.

During the performance, Patricia Robinson, DA civilian at Fort Jackson, said she loves to watch dancing, “the salsa ... the kids dancing ... it’s what I enjoy the most.

“I’m Hispanic,” Robinson said. “I’m here every year and I love [Fort Jackson’s] program.”

Many attendees came for the food. Long lines formed for chicken or pork “pinchos,” a marinated skewer; “tostones,” a toasted unripe plantain; or “empanadas,” fried dough filled with ground beef or chicken, just to name a few.

Some patrons chose to just enjoy the celebration.

“I’m not really learning anything, just more soaking it in — the culture, the aspects,” said 2nd Lt. Victor Shen,



Photos by Daniel Terrill

Vendor Courtney Jackson fries “empanadas,” flour dough filled with either ground beef or chicken, at the Hispanic Heritage Celebration Saturday at Patriot Park.

student of the finance school. Holding an empty plate, he added, “The food is great, it’s delicious.”

Others appreciated seeing everyone coming together and celebrating, said Sgt. John Burns, from Fort Leavenworth, Kan. “I just enjoy being outside and out here.”

Hispanic Heritage Month ends Oct. 15.

Daniel.Terrill@us.army.mil

Pierce Terrace Elementary school Spanish teacher Laura Batista, left, and her students, dressed in traditional Hispanic garb of various countries, wait for introduction to their first dance performance at the Hispanic Heritage Celebration Saturday.



Parent volunteer Shannon Myers places a “pava,” a type of sombrero, on a child’s head at the Hispanic Heritage Celebration Saturday at Patriot Park. More than 100 children performed in Pierce Terrace’s student dance production.

Army Family Covenant Update

Free child care offered for FRG meetings, activities

Theresa O'Hagan

Family, Morale, Welfare and Recreation

Under the Army Family Covenant, any person attending a family readiness group meeting or event is entitled to free child care.

"It is up to the FRG leader to make arrangements for the child care," said Rose Edmond, chief, Child and Youth Services. "If the meeting or event is at a site where on-site child care can be arranged, we will come to the site and set up. If it is not appropriate to arrange on-site child care, we will make space available at one of our child care centers, according to the age groups requiring care."

In the past, only FRG leaders were entitled to free child care. Now, everyone participating in an FRG event is eligible. The only exception is that child care is

not available for fundraising events.

FRG is an official Army program, which are command-sponsored organizations, comprising all assigned Soldiers and their immediate and extended families.

"FRGs provide mutual support and assistance, a network of communication among the family members, the chain of command and community resources," said Patricia Guillory, Army Community Services.

FRGs play a vital role in helping unit commanders with military and personal deployment preparedness. FRGs enhance family readiness.

"FRGs assist unit commanders in three ways," Guillory said. "First, the FRG conducts activities that enhance the flow of information between command and families. The FRG provides feedback on the

state of the unit's families to the command and disseminates information to families from the command. Secondly, the FRG encourages resiliency among the members by providing information, referral assistance and mutual concern.

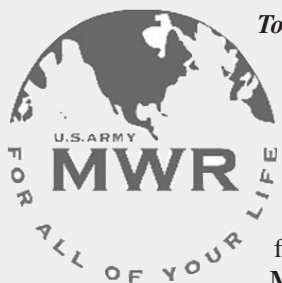
Thirdly, the FRG provides activities and support, which enhances the well-being and esprit de corps of the unit."

FRG leaders are sometimes recruited by the command; others volunteer. Volunteers must register through the installation volunteer coordinator and be approved by the commander of the unit for which they volunteer. FRG leader training is provided free by Army Community Services and free child care is provided for those attending FRG leader training. Prospective FRG leaders must attend the FRG training workshop or complete the online FRG course at www.myarmylifetoo.com.

FRG leaders are responsible for providing administrative and mutual support to families and the chain of command. FRG leaders must have command approval when planning FRG events and meetings. The FRG leader maintains oversight of the FRG operation, activities and training. The FRG leader may delegate responsibilities to other FRG volunteers. The FRG leader provides guidance to key volunteers. The FRG leader is the spokesperson for the FRG.

Anyone interested in becoming an FRG leader may contact the sponsor's unit commander or the installation volunteer coordinator at 751-5444. For more information on FRG training, call 751-7489.

For information on arranging child care for an FRG meeting or event, call 751-1672.



Today

Southern Style Lunch Buffet, from 11 a.m. to 2 p.m. at the Officers' Club. The buffet is open to the public.

Visit **Century Lanes** for food, fun and bowling.

Magraders Pub is open for lunch for family members from noon to 4 p.m., Thursdays.

Friday

Play **Victory Bingo** and win prizes up to \$15,000. There are guaranteed \$50 payouts.

Artistic Expression with Jake begins 6:30 p.m. at the Youth Center Teen Room.

Dance to a variety of music provided by DJ Randall at **Magraders Club** from 9 p.m. to 3 a.m. The club is located in the back of Magraders Pub, and the cover charge is \$3 for military and \$5 for civilians.

Visit Magraders Pub and the NCO Club for **HOOAH Happy Hour** every Friday, 5-7 p.m.

Celebrate **Hogtoberfest** at 4 p.m. at Patriot Park.

Saturday

Step Team practice begins 2 p.m. at the Youth Center Dance Room.

The NCO Club presents **Classic Soul Saturday** from 9:30 p.m. to 2 a.m. in the Excalibur Room. The cover charge is \$3 for military and \$5 for civilians. Live broadcasts from the BIG DM 101.3 with giveaways will be held 9:30-11 p.m.

Go on an **ocean-fishing trip**, departing 3 a.m. from Marion Street Station. Cost for transportation is \$90.

Take part in **hunt camp**, beginning 5 a.m. at Heise Pond Game Check Station. The cost is \$30.

Take a stand against domestic violence at the **Domestic Violence March and Rally**. The march starts 9 a.m. at Pierce Terrace Elementary School and ends with a rally at the Youth Center.

Sunday

Come to **brunch** from 11 a.m. to 2 p.m. at the Officers' Club.

Enjoy **Family Day at the Youth Center**, 2-6 p.m.

Monday

The NCO Club presents a **full lunch buffet**, featuring fried chicken or fish, fresh vegetables, a full salad bar, soup, assorted desserts and a beverage from 11 a.m. to 1:15 p.m. for \$7.

Tuesday

Movie Night begins 6 p.m. at the Youth Center in the Teen Room.

Enjoy **free movies** every Tuesday at Magraders Pub.

Wednesday

Be a sensation with **Karaoke with Tom Marable** at **Magraders Club** at 7:30 p.m. Cover charge is \$3 for military and \$5 for civilians.

The **Exceptional Family Member Program** Autism Support Group meets 5 p.m. at Hood Street Elementary School, Room 10.

Take a **jewelry making class**, starting 5:30 p.m. at the MG Robert B. Solomon Center.

The **Information Exchange Council** meets 9 a.m. in the Post Conference Room.

Ongoing Offers

• The **NCO Club lunch buffet** is served from 11 a.m. to 1:15 p.m., daily. The cost is \$7 for adults and \$3.75 for children.

• The **NCO Club breakfast** is served 6-9 a.m., Monday through Friday. The cost is \$7 for adults and \$3.75 for children 4-10 years old.

• The **Officers' Club specializes in catering** wedding receptions, anniversaries, promotions and other special occasions.

• The **NCO Club caters** to all your needs: dining in, dining out, promotions, breakfasts, meetings, birthdays, weddings, graduation, retirements and other special occasions.

• **Victory Travel** has special offers for a variety of dinner shows and attractions. Currently offered are discounted tickets to Carowinds, \$28 per ticket, and Six Flags, \$27 per ticket, for the 2008 season. Some offers require reservations. For more information, visit Victory Travel in the MG Robert B. Solomon Center.

• **Child, Youth and School Services** provides child care and youth programming on Saturdays at no cost for active duty parents who must work to meet mission requirements and for National Guard and Reserve Soldiers during Battle Training Assembly. Care is offered from 5 a.m. to 6 p.m. at multiple locations.

For more information about:

— Registration, call 751-4865.

— Six weeks-kindergarten, call 751-6221/6230.

— Grades 1-5, call 751-1136/6387.

— Grades 6-12, call 751-3977/6387.

— Child Development Home serving children between 6 weeks and 12 years old, call 751-7169/7170.

• Enjoy resort accommodations for two to six people for less than one would pay for most hotels with the **Armed Forces Vacation Club**. For details of resort availability, call the reservation center at (800) 724-9988. Be sure to say you are a first-time Armed Forces vacation caller. A vacation counselor will take your enrollment and help you find an available resort. Fort Jackson is Installation No. 164.

HEALTH

New Army program combats lasting hearing loss

Capt. Jillten E. Curry-Mathis
Army Hearing Program Manager

Permanent hearing loss is among the top four injuries in the current theaters of operation, yet the insidious nature of the injury makes it difficult for Soldiers to detect its presence until it's too late.

Hearing loss is an injury that is painless; there are no sensory nerves in the inner ear where noise damages the nerve endings. Additionally, the critical sense of hearing is often underestimated.

Soldiers often believe most of their situational awareness comes from sight; however, up to 60 percent actually comes from hearing. That percentage increases when the visual field is limited (darkness, inclement weather, buildings, level of alertness, etc.). When questioned, most Soldiers will readily acknowledge that hearing is important, however, they're often hesitant to wear hearing protection for a number of reasons.

First, there is a fear of missing subtle clues of the enemy's presence. Second, many are unsure when the risk for hearing loss is present and what, exactly, is damaged by noise. Most do not understand that it is the inner ear that is damaged, not the eardrum. In fact, up to 80 percent of the eardrum can be damaged by a blast and it will spontaneously grow back or it can be surgically repaired. When damage is in the cochlea, however, it's permanent.

Hearing loss from noise exposure, however, is always progressive and permanent. Once the nerve endings are sheared off, they are gone. They do not grow back and the damaged area will spread with continued noise exposure.

So, how does the Army address this dilemma? Enter the Army Hearing Program.

The AHP is a new initiative designed to close the gaps created by the need to preserve hearing while still meeting the operational requirements of combat missions. The

AHP emphasizes education, prevention and the use of new technology on the battlefield. Gone is the traditional, garrison-based Hearing Conservation Program originally established by the Army in 1974. The AHP not only absorbs the required elements of the Hearing Conservation program, it introduces three new components: Hearing Readiness, Clinical Hearing Services, and Operational Hearing Services.

Hearing Readiness implies that Soldiers have the required hearing capabilities and personal protective equipment that are needed to train and deploy. It includes annual, pre- and post-deployment hearing tests that automatically classify the Soldier as a class 1-4.

Similar to the dental classification system, each rating refers to the Soldier's health and deployable status. All hearing tests are accompanied by either an earplug fitting and self-check instruction by a certified technician or an integrity check of the current earplugs the Soldier carries. Monitoring Soldiers' hearing enables the AHP to identify hearing loss early and seeks preventive (or rehabilitative) measures that support the Soldier while halting the progression of the loss.

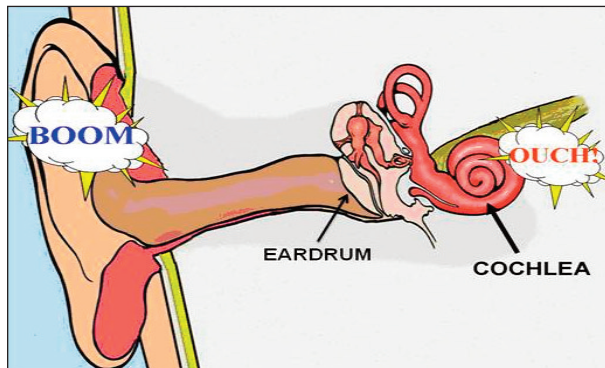
Clinical Hearing Services are required in both garrison and deployed settings. Although there is some overlap, the variance in services delivered between these two environments is operationally driven. Clinical services help Soldiers in obtaining medical attention for hearing loss, rehabilitative services (i.e., hearing aid fittings) if needed, and profiles that describe the impact of the hearing loss

on the Soldier so his or her chain of command can make accurate risk assessments.

Operational Hearing Services is the newest component and is defined as hearing injury prevention and communication enhancement services delivered to the Soldier in every environment with the primary objective of enhancing survivability and lethality. Services include use of tactical communication and protective systems, noise abatement techniques and educational courses that im-

prove the performance of the war fighter.

The Fort Jackson AHP is in the process of purchasing several different types of TCAPS for training experience with units and cadre. Soldiers using TCAPS report the ability to hear through closed doors and easy communication on radios without hand mics, while simultaneously experiencing exceptional protection from



weapon noise.

Additionally, the AHP manager can help units with future purchases to ensure correct accessories are ordered while maximizing company funds.

A similar AHP program was launched at Fort Stewart in 2004, resulting in a significant reduction in the rate of hearing loss (from the Army average of 20 percent to 7 percent) despite three deployments for OIF. The first step for any program of this type is to get the word out for available services.

Any units, schools, courses, cadre or noise-exposed civilian directorates interested in any service outlined above may call 751-3110 for more information or to request assistance.

Health Literacy Month highlights communication

Steven Leap
Moncrief Army Community Hospital

Did your last visit to the doctor's office leave you confused? Was it the medical jargon? Did you nod yes to words you did not really understand? If medical words leave you confused, you are not alone.

October is Health Literacy Month. Health literacy, as defined by the National Library of Medicine, is "the degree to which individuals have the capacity to obtain, process, and understand basic health information and services needed to make appropriate health decisions."

To take care of one's health and the health of one's family, a person has to be able to perform such tasks as making and keeping medical appointments, following self-care instructions, filling out insurance forms, understanding informed consent documents and keeping track of medicines.

In 2004, the Institute of Medicine released its report, *Health Literacy: A Prescription to End Confusion*. The report states "nearly half of all American adults — 90 million people — have difficulty understanding and acting upon health information."

The report then highlights how these

difficulties negatively impact health-care access, costs, quality and safety. People with limited health literacy use more emergency room services, are hospitalized more and are more likely to skip important preventive services.

Health literacy is not just about reading skills. Language and listening skills are important as well. Health information can overwhelm anyone regardless of age, income, race or background.

Also, information provided in a stressful or unfamiliar situation is unlikely to be remembered.

Tell your doctors, nurses, pharmacists and other members of your health care team when you do not understand the information they give you. Do not feel embarrassed or intimidated if you need to ask your health-care team to explain instructions. Understanding health information is everyone's right.

The Partnership for Clear Health Communication at the National Patient Safety Foundation suggests using its "Ask Me 3" program. This program suggests three simple but important questions you can ask your health-care providers: What is my main problem? What do I need to do? Why is it important for me to do this?

Also, make a list of questions to take with you to your doctor so you do not forget to ask them.

Searching for health information on the Internet can be confusing and the sheer volume of information can be overwhelming. Finding good health information is essential. Good sources of information include government sites; such as the National Institutes of Health; medical school sites, such as Johns Hopkins University; hospital and other health care facility sites like the Mayo Clinic; and not-for-profit groups whose focus is research and teaching the public about specific diseases or conditions, such as the American Diabetes Association and the American Cancer Society.

Be wary of sites advertising and selling products that claim to improve your health. A good general site is *MEDLINE-plus.gov*. Start here to find free quality health information, in English and in Spanish. There are more than 750 topics on medical conditions, diseases and wellness; drug information; a medical encyclopedia that includes an extensive library of medical images; clinical trials; and more than 165 interactive tutorials with sound and pictures.

News at MACH

The main ground floor entrance of Moncrief Army Community Hospital is closed because of construction. Use the door to the right.

The main outpatient pharmacy will be closed from 7:30 a.m. to noon, Oct. 25 during the relocation of the pharmacy from the basement to the ground floor. The new pharmacy is scheduled to be fully functional by Oct. 27. All other pharmacy services and hours remain the same.

The new Warriors in Transition Unit and Soldier and Family Assistance Center buildings are expected to be completed soon.

The TRICARE Service Center has moved to the 10th floor. Offices for the Exceptional Family Member Program and Educational and Developmental Intervention Services have moved to the 10th floor.

A new phone number has been established for patients to cancel appointments after duty hours. To cancel an appointment after duty hours, call 751-2904. During duty hours, from 7:30 a.m. to 4 p.m., call 751-CARE (3723).

COMMUNITY HIGHLIGHTS

Loveable kittens looking for a home



Photo by Ashley Henry

These 11-week-old black kittens are at the Fort Jackson Veterinary Clinic and they need a home. For information on these or other pets for adoption, call the Veterinary Clinic at 751-7160.

This Week

Personal Financial Readiness

A workshop on Personal Financial Readiness is set for 8:30-10:30 a.m., today at the Education Center, Room B-302. For more information and to register, call 751-5256/6325.

Sponsor Training

Training for sponsors is scheduled for 1-2 p.m., today at the Strom Thurmond Building, Room 213. For more information and to register, call 751-5256/6325.

Art of Relaxation

A class on relaxation is scheduled for 4-7 p.m., today and Oct. 16, 23 and 30 at 5616 Hood St., Room 10. For more information and to register, call 751-5256/6325.

EFMP Support Group

The Exceptional Family Member Program support group will meet 5 p.m., Friday at the McDonald's on the corner of Hardscrabble and Clemson roads. For more information and to register, call 751-5256/6325.

Domestic Violence Awareness Rally

A Domestic Violence Awareness March and Rally will begin 9 a.m., Saturday at Pierce Terrace Elementary School. The march will end at the Youth Services Center.

Christian Seminar

A seminar on "How to effectively teach God's word" is scheduled for 9:30 a.m., Saturday at Daniel Circle Chapel. For more information, call 751-4216.

Drill Sergeant Spouses Course

A Drill Sergeant Spouses Course is scheduled from 8:30 a.m. to 2 p.m.,

Tuesday at the Joe E. Mann Center conference room. For more information and to register, call 751-5256/6325.

Baby Basics/Baby Bundle/Dad 101

Baby Basics/Baby Bundle/Dad 101 workshops are planned from 10 a.m. to 1 p.m., Tuesday at the Joe E. Mann Center conference room.

Anger Management Class

A class on anger management is scheduled from 11 a.m. to 1 p.m., Tuesday at 5616 Hood St. For more information and to register, call 751-5256/6325.

EFMP Autism Support Group

The Exceptional Family Member Program autism support group will meet 5 p.m., Tuesday at Hood Street Elementary School, Room 10. For more information and to register, call 751-5256/6325.

Combat Infantrymen Association

The Combat Infantrymen Association will meet 7 p.m., Tuesday at the Officers' Club. For more information, call 351-2333.

Financial Readiness for First-Term Soldiers

There will be a Financial Readiness for First-Term Soldiers seminar from 8:30 a.m. to 4:30 p.m., Wednesday at the Education Center, Room B-302. For more information and to register, call 751-5256/6325.

Job Interview and Salary Negotiation Skills

A workshop on how to successfully interview for a job and how to negotiate a salary is scheduled from 9 a.m. to noon, Wednesday at the Education Center, Room B-206. For more information and to register, call 751-4867/5452.

Child Abuse Awareness

A class on child abuse awareness is scheduled from noon to 2 p.m., Wednesday at the Main Post Chapel. For more information and to register, call 751-5256/6325.

Upcoming

Financial/Relocation Initial PCS

A Financial/Relocation Initial PCS Brief is scheduled for 8:30-10:30 a.m., Oct. 16 at the Education Center, Room B-302.

Leadership Skills for FRG Leaders

A workshop on effective leadership skills for FRG leaders is planned from 8:30 a.m. to 12:30 p.m., Oct. 16 at the Joe E. Mann Center conference room. For more information and to register, call 751-5256/6325.

Second Career Seminar

A seminar titled "Marketing yourself for a second career" is set for 9-11:30 a.m., Oct. 17 at the ACAP Center. The seminar is for officers and senior enlisted Soldiers who plan to leave the service in the next one to five years. For more information and to register, call 751-6062.

Hearts Apart

The Hearts Apart support group will meet 6-8 p.m., Oct. 17 at 5616 Hood St., Room 10. For more information and to register, call 751-5256/6325.

Family Child Care Training

Family Child Care Orientation Training is scheduled from 8 a.m. to 4 p.m., Oct. 20-24 at the Joe E. Mann Center. The FCC program offers employment opportunities for military spouses who enjoy working with children. Registration is required by Tuesday. For more information and to register, call 751-6234/1293.

Personal Financial Planning

A Personal Financial Planning class is set for 1:30-3:30 p.m., Oct. 21 at the Education Center, Room B-302. For more information and to register, call 751-5256/6325.

Managing Children Under Stress

A workshop on Managing Children When Under Stress is scheduled from 11 a.m. to 1 p.m., Oct. 21 at 5616 Hood St., Room 10. For more information and to register, call 751-5256/6325.

EFMP Outing

The Exceptional Family Member Program will meet for a pumpkin-patch outing at 5 p.m., Oct. 21 at the United Methodist Church on Trenholm Road. For more information and to register, call 751-5256/6325.

Savings and Investing Class

A Savings and Investing Class is set for 8:30-10:30 a.m., Oct. 22 at the Education Center, Room B-302. For more information and to register, call 751-5256/6325.

Steps to Federal Employment

A Steps to Federal Employment workshop is set for 8:30-11:30 a.m., Oct. 22 at the Education Center, Room B-206. For more information and to register, call 751-4867/5452.

Child Abuse Awareness Class

A Child Abuse Awareness Class is scheduled from noon to 2 p.m., Oct. 22 at 5616 Hood St., Room 10. For more information and to register, call 751-5256/6325.

Phase II Levy Briefing

A Phase II Levy Briefing is set for 2:30-3:30 p.m., Oct. 22 at the Strom Thurmond Building, Room 213.

For more information and to register, call 751-5256/6325.

Veteran's Day Ball

The second annual 171st Infantry Brigade Veteran's Day Ball will start 6 p.m., Nov. 7 at the NCO Club. RSVP by Oct. 24. For more information, e-mail Luis.D.Martinez@conus.army.mil or call 751-3318/3316.

Announcements

Sustainable Interiors Showcase Green Furniture Tour

The open house tour for Fort Jackson's Sustainable Interiors Showcase "environmentally friendly" furniture is set for Tuesday. Two tours are offered.

The first is from 11:30 a.m. to 12:30 p.m., and the second is 12:30-1:30 p.m. The offices are located in the Strom Thurmond Building, Rooms 200, 245 and 246. To schedule a tour or for more information, call 799-6502.

Holiday Mailing Deadlines

To ensure holiday cards and packages mailed to APO/FPO addresses overseas arrive by Dec. 25, the United States Postal Service recommends the following schedule:

Parcel Post — deadline for all items to all zip codes is Nov. 13.

Space Available Mail — all items mailed to zip code 093 must be mailed by Nov. 21; items to all other zip codes must be mailed by Nov. 28.

Parcel Airlift Mail — all items to zip code 093 must be mailed by Dec. 1; items to all other zip codes must be mailed by Dec. 4.

Priority Mail and First-Class Mail Letters and Cards — all items to zip code 093 must be mailed by Dec. 4; items to all other zip codes must be mailed by Dec. 11.

Express Mail Military Service — items cannot be sent to zip code 093; items to all other zip codes must be mailed by Dec. 18.

For more information, visit <http://www.usps.com/supportingourtroops/welcome.htm>.

DHR Closure

The Directorate of Human Resources, including the ID card section, will close at 10:30 a.m., Friday for organization day. In case of an emergency, call 751-4519.

DOIM Closure

Starting Friday, the Directorate of Information Management will be closed 7:30-11:30 a.m., the second and fourth Friday of each month for training. For more information, call 751-3646.

Reserve Recruiting

The 1st Battle Command Training

COMMUNITY HIGHLIGHTS

Group in Birmingham, Ala., has openings for Soldiers of all military occupational specialties in the rank of sergeant first class through lieutenant colonel.

For more information, call (205) 987-8443 or e-mail Larry.Kingsr@usar.army.mil.

81st RSC JAG Vacancies

The 81st Regional Support Command Office of the Staff Judge Advocate has vacancies for six Reserve officer positions, two civilian attorneys and one civilian paralegal. For more information, call 751-2692/0833.

Landscaping and Refuse Collection

Housing residents are reminded of the weekly landscaping schedule:

- Monday — Pierce Terrace 1 and 2.
 - Tuesday — Pierce Terrace 3 and 4;
 - Wednesday — Pierce Terrace 5 and 6.
 - Thursday — Howie Village and Pershing area.
 - Friday — Pierce Terrace 7 and rain day make-up.
- Residents should ensure the yard is clear of any obstacles that may prevent mowing, weeding and edging.

Refuse collection is scheduled for regular trash pick up, recyclables and yard debris and bulk trash. No trash of any kind may be put out before to 7 p.m. the evening before scheduled pick-up day. The schedule for trash pick-up is as follows:

- Monday — Pierce Terrace 1,2,3 and 6.
 - Tuesday — Pierce Terrace 4,5,7 and Howie Village.
 - Wednesday — recyclables and yard debris;
 - Thursday — bulk trash.
- For more information, call the Facilities Management Office at 787-6416.

Volunteers Needed

The Thrift Shop is looking for volunteers. Many positions are available. For more information, call 787-2153.

High School Senior Stabilization

Soldiers may request to remain in their current duty assignment until their child in high school graduates by submitting a DA Form 4187 through their chain of command. For more information, call (703) 325-4422/5191.

Housing Assistance

Military members can find online assistance to find housing by visiting the Automated Housing Referral Network. Referrals are available for on- and off-post housing. For more information, visit www.ahrn.com.

Absentee Voting

Absentee voters can exercise their right to vote by completing the Federal Post Card Application (FPCA Standard Form 76) or complying with the ballot request procedures enacted by the state in which they vote. After mailing in the application, the voter will receive his or her absentee ballot. Mailing guidelines differ from state to state. For more information, contact your Unit Voting Assistance Officer or visit www.vote.army.mil.

After School Program in Your Neighborhood

The Boys and Girls Club of the Midlands has partnered with Army Child and Youth Services to provide after-school care, summer camp and before-school care in off-post neighborhoods. For more information, visit www.bgcmidlands.org or call, 231-3300.

Free After School Program for Middle School Students

The Boys and Girls Club of the Midlands will offer free after-school programs for middle-school students.

Recurring Meetings

Weekly

Walking Away Stress meets at 9 a.m., Mondays and Fridays at the pecan orchard near the post office on Early Street. For a walking log or more information, call 751-6325.

Play Group meets 10-11:30 a.m., Mondays at 5953C Parker Lane. For more information, call 751-5256/6325.

Range Control Briefing is held at 1 p.m., Mondays and Fridays at the Education Center, Room 302. For more information, call 751-7171.

Helping Everyone Reach Optimum Strength meets 5-6 p.m., Tuesdays at Moncrief Army Community Hospital, seventh floor. It is open to combat veterans and their family members. For more information, call 751-2160/2183.

Medical Board Office is closed from 7:30 a.m. until 1 p.m., every Thursday. For information, call 751-0359/7152/7318.

Protestant Women of the Chapel meet Thursdays from 9:30 a.m. to 12:30 p.m. at the Main Post Chapel. Homeschoolers are welcome and evening studies are available. Free child care is available. For information, e-mail pwocjackson@yahoo.com.

Overseas Travel Clinic is held from 8:30 a.m. to noon, Fridays. For more information, call 751-5151.

Military Widows/Widowers Association meets at 2 p.m., Sundays at Moncrief Army Community Hospital, eighth floor. For more information, call 787-2469.

Monthly

The Ladies Auxiliary meets at 3 p.m., the second Sunday of the month at 534 S. Beltline Blvd. Call 782-5943 or 782-0148 for more information.

Civil Air Patrol meets at 6:30 p.m., the first Monday of the month at Columbia's downtown airport, Owens Field, main conference room. For more information, e-mail tom.alsup@gmail.com or visit online at www.scwg.cap.gov.

Weight Loss Surgery Support Group meets at noon the second and fourth Monday of the month at the Weight Management Center, 180 Laurel Street, Columbia.

The group also meets the second and fourth Tuesday of the month at 6:30 p.m. at the Palmetto Health Baptist Breast Health Center, 1501 Sumter St., Ground Level, Meeting Room 2, Columbia.

Seabees meet at 7 p.m., the second Monday of the

month at the West Metro Chamber of Commerce and Visitors Center. Call 755-7792, 736-0841 or 755-0300 for more information.

Veterans of Foreign Wars meet at 7:30 p.m., the second Monday of the month at 534 S. Beltline Blvd. Call 782-5943 or 782-0148 for more information.

Sergeant Audie Murphy Club meets at 11:30 a.m., the first Tuesday of the month at the Post Conference Room www.jackson.army.mil/360/SAMC/home.htm.

American Legion Post #182 meets at 7 p.m., the first Tuesday of the month at the Officers' Club. For information, call 351-2333.

Disabled American Veterans meet 6 p.m., the second Tuesday of the month at 511 Violet St., West Columbia. For information, call 796-7122.

Fleet Reserve Association Unit 202 meets at 1 p.m., the third Tuesday of the month at 2620 Lee Road. Call 482-4456 for information.

Vietnam Veterans of America Chapter 303 meets at 7 p.m., the third Tuesday of the month at American Legions Post 6, 200 Pickens Street. For more information, call 312-4895.

Purple Heart #402 meets at 7 p.m., the fourth Tuesday of the month at the American Legion Post #6 on Pickens Street. For information, call 351-2333.

American Red Cross new adult volunteers orientation is the third Wednesday of the month from 9 a.m. to noon at building 2179 on Sumter Avenue. For more information, call 571-4329.

"Victory Riders" Motorcycle Club meets at 5 p.m., the first and third Thursdays of the month at Magraders Club. For information, e-mail sec@fjvictoryriders.com.

Society of American Military Engineers meets 11:30 a.m., the fourth Thursday of the month. For information, call 254-0518 or 765-0320.

MEDPROS training will be held 1-4 p.m., the third Friday of the month, at the hospital, Room 9-83. For more information or to register, e-mail Jaclynne.Smith@amedd.army.mil.

Retired Enlisted Association meets at 5:30 p.m., the third Friday of the month at the hospital, third floor. For information, call 740-2319 or e-mail jrodgers11@sc.rr.com.

92nd Buffalo Chapter 20 DAV meets at 11 a.m., the third Saturday of the month, except July and August, at the DAV Headquarters 511 Violet St., West Columbia. For information, call 260-1067.

U.S. Navy Sea Cadets, for 11-18 year olds, meet the third weekend of the month. For information call 622-8707.

To submit a recurring meeting, e-mail the name of the group, when and where the meeting takes place and contact information to fjleader@conus.army.mil.

Transportation home is available for \$10 a week.

All Army youth and dependents of Army civilian employees are eligible. For more information, site locations and pre-registration, visit www.bgcmidlands.org or call 231-3300.

Volunteer Crossing Guards Needed

Directorate of Emergency Services is asking for any-

one interested in becoming a volunteer crossing guard for community schools to call 751-3030. Military ID is required.

Spouse Overseas Employment Orientation

To learn more about the various military spouse employment options available overseas, contact the Employment Readiness Office at 751-5452.

‘Uneasy Rider’ stops for

Susanne Kappler
Leader Staff

The parade grounds at Hilton Field became the backdrop to a fiddle-playing, guitar-shredding and boot-stomping extravaganza Friday when the Charlie Daniels Band performed at Fort Jackson as part of the “Spirit of America Tour.”

Although many Soldiers in attendance were not born when Charlie Daniels charted his biggest hit in 1979 with “The Devil Went Down To Georgia,” the crowd was energized throughout the evening.

“It’s a great opportunity to come out here and be able to watch Charlie Daniels,” said Pfc. Arturo Medina, Company B, 369th Adjutant General

Battalion, before the performance. “I’m very excited. I can’t wait until the music starts.”

The concert was free to members of the Fort Jackson community and was also attended by Soldiers in Basic Combat Training and Advanced Individual Training.

For Pam Hoffert, a long-time Daniels fan whose son, Pvt. Roger Kramer, graduated from basic training earlier Friday, the day could not have panned out better.

“We came down from Ohio for his graduation,” Hoffert said. “We decided to come out here, plus, it’s my birthday, so it kind of worked out.”

The crowd witnessed an energetic

Daniels who played many of the hits spanning his career of more than five decades in country and Southern rock music.

Throughout the show, Daniels thanked the Soldiers and veterans for their service.

“I have been playing for the troops for a long time and have been in a lot of different places in the world to play for them,” Daniels said before the concert. “And it’s a special thing. It’s a special feeling to be on stage in front of the troops. I have so much admiration for the military.”

The admiration was mutual.

“I liked it very much. It was very motivational,” said Pvt. Jared Simmons, Company A, 1st Battalion, 34th Infantry

Regiment, after serve and to see

Rod Halford Army and has l a long time, apj Daniels took th troops.

“I wish more this, put on free and veterans,” I

The concert “Spirit of America” organization th to military base Daniels has bee since 2003.

Susanne.Kap

Soldiers from Basic Combat Training and Advanced Individual Training were given an evening off to enjoy the concert. In exception to standard policy during BCT, troops were allowed to use their cell phones to take photos of the event.



Brig. Gen. Bradley W. May, Fort Jackson commanding general, middle, and Command Sgt. Maj. Brian Carlson present a gift to Charlie Daniels at the end of the concert. The performer has been playing free concerts for troops throughout most of his career.



Charlie Daniels signs an autograph for Col. Craig Currey, director of BCT, at a meet-and-greet at the NCO Club Friday. Currey had the autograph for the BCT team.

'or Fort Jackson Soldiers

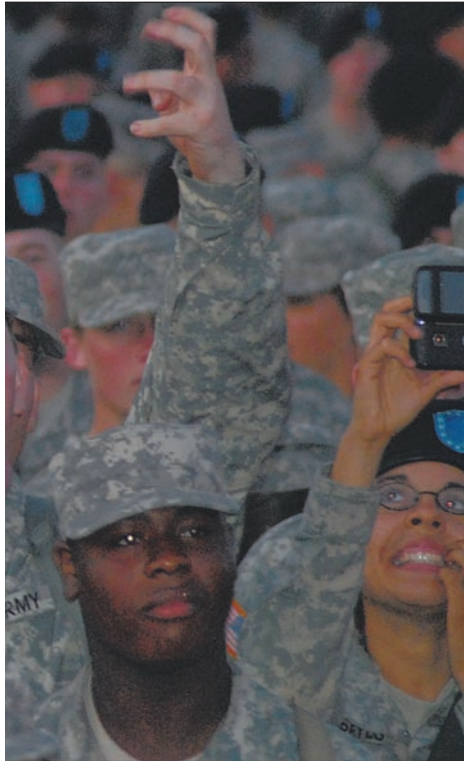
Regiment, after the show. "I'm proud to serve and to see this is great."

Rod Halford, who is retired from the Army and has been a fan of the singer for a long time, appreciated the fact that Daniels took the time to perform for the troops.

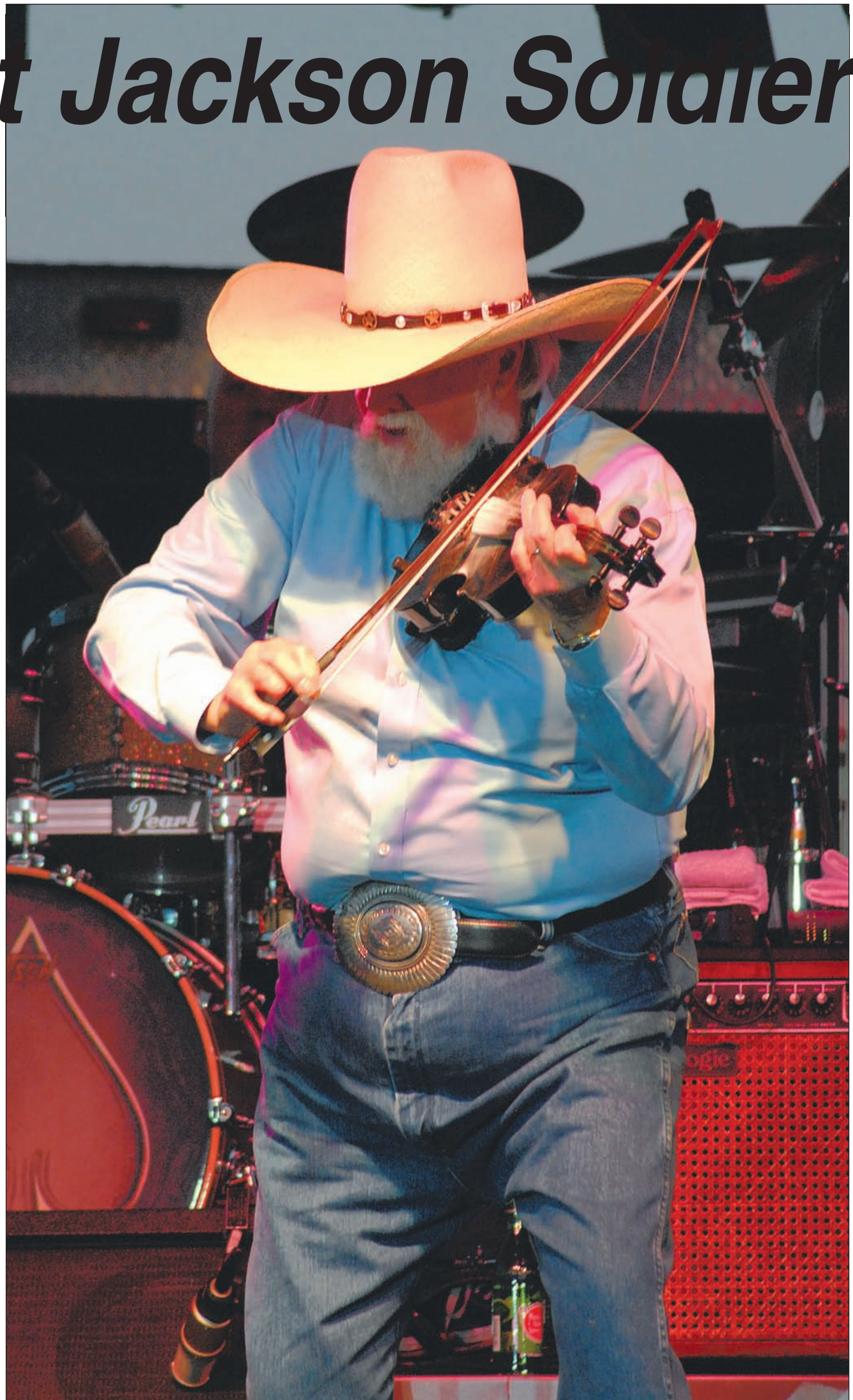
"I wish more entertainers would do this, put on free concerts for the Soldiers and veterans," he said.

The concert was organized by the "Spirit of America Tour," a non-profit organization that brings free entertainment to military bases across the United States. Daniels has been performing with the tour since 2003.

Susanne.Kappler1@us.army.mil



rey, director of Basic Combat Training, during the concert. Daniels had the autograph dedicated to the



Photos by Susanne Kappler

Charlie Daniels plays the fiddle during the free concert at Hilton Field. Daniels has been a performing artist for more than 50 years and is best known for songs like "The Devil Went Down to Georgia" and "Long Haired Country Boy."

FIRST RESPONDER



September courts-martial

The following is a list of all courts-martial that were convened in September at Fort Jackson:

Sept. 18, Staff Sgt. Alvaro Garcia Jr., 157th Infantry Brigade, was convicted by a military panel at a General Court-Martial of violating Article 134 of the UCMJ (Bribery) on two different occasions. Garcia solicited bribes from two different companies involved in bidding for a government contract for housing displaced Soldiers in Puerto Rico and Florida.

The military panel sentenced Garcia to be reduced to the grade of E-1, to be confined for 12 months, and to have all pay forfeited. Garcia is currently serving his confinement at the Fort Knox Regional Corrections Facility, Fort Knox, Ky.

Citations issued in September

Speeding In a 20 MPH Zone	33
25 MPH Zone	34
30 MPH Zone	24
35 MPH Zone	24
40 MPH Zone	8
45 MPH Zone	1
Shoplifting	10
No Driver's License in Possession	11
Driving Without License	8
No Proof of Insurance	8
Driving Under Suspension	15
Expired Vehicle Registration	3
Expired Registration	11
Suspended Plate	2
Expired Tags	16
Following Too Closely	8
Parking in a No Parking Zone	9
Failure to Stop at Stop Sign	15
Improper Backing	13
Seat Belt Violation	7
Disregard Traffic Signal	4
Failure to Obey TCD	12
Simple Assault	6
Cell Phone Violations	18
Child Restraint Violations	1
Handicap Parking Violation	6
Illegal Parking	13
Parking in ATM Parking	9
Parked In Front of Fire Hydrant	2
Public Intoxication	2
Too Fast for Conditions	4
Trainee Violation	2
Window Tint Violation	2
Failure to Transfer Ownership	4
Paraphernalia	4
Unattended Vehicle	3
Larceny of Private Property	4
Criminal Domestic Violence	4

Total: 349

The following are incidents compiled from reports, complaints or information received from the Fort Jackson Provost Marshal Office.

The incidents reflected are not an adjudication attesting to the guilt or innocence of any person and are provided for informational and reflective purposes only.

Lt. Col. Ronald F. Taylor
Director, Emergency Services/Provost Marshal

Sgt. Maj. Allen Taylor Jr.
Provost Sergeant Major

Billy Forrester
Fire Chief

Cases of the Week

A gasoline leak forced an evacuation of the main Post Exchange, Military Police said. The MPs and the Fort Jackson Fire Department set up a perimeter. The main gas line was shut off and secured.

Two illegal immigrants were arrested at Gate 2 after attempting to use fake identification to enter the installation, MPs said.

The two men were working for a construction company conducting work on post, according to authorities. The IDs were confiscated and the case was turned over to immigration and customs enforcement, MPs said.

Two Soldiers were arrested for assault and turned over to their unit, MPs said. The Soldiers got into an argument, which escalated, according to authorities.

A driver was cited for improper backing after an accident in a parking lot, MPs said. The driver was backing out of a parking space and hit another car that was driving by, MPs said.

Provost Marshal's Tip of the Week

Credit card scams are on the rise. Please remember that if anyone e-mails or calls, do not provide any personal or financial information. The best practice is to ignore the calls and e-mails.



FORCE PROTECTION THOUGHT OF THE WEEK

Second Sign of Terrorism

2 Eliciting/seeking information

The second sign is the attempt to gain information through inquiries. This includes anyone attempting to gain information about a place, person or operation. Elicitation attempts can be made by mail, fax, telephone or in person. Examples would be someone inquiring about a critical infrastructure, such as a power plant, water reservoir or a maritime port.

CHAPEL

Finding

peace

of mind

Chaplain (Maj.) Thomas Mattingly III
U.S. Army Chaplain School and Center

One of my favorite commercials features a woman who cleans the house to a spot-free shine just to witnesses her children muddy the place up again in seconds. It is then that she closes her eyes and her mind drifts. She envisions herself sitting on an immaculate beach of a tropical island, sipping a steaming cup of coffee. The announcer launches into this blurb about taking time for yourself, about escaping to your own “quiet island.”

Serenely, the woman basks in an ephemeral solitude only to be jarred back to reality moments later.

In his most radical parable yet, Jesus tells us in Matthew 18:15-35 how we might escape to our own quiet island. We do so by forgiving from the heart. Whatever offense has been committed by others against us pales in comparison of how egregiously we have affronted God.

To prove this, Jesus tells the story of how a king wanted to settle accounts with his various administrators. First up is a steward who owes his boss \$10 million. Since the gentleman cannot pay, he throws himself on the mercy of the regent, who promptly absolves the manager of his fiduciary responsibilities.

However, shortly after being released, the director stumbles upon a fellow colleague who is indebted to him for two grand. Grabbing the borrower by the throat, the bureaucrat demands instant payment. “Be patient,” the defaulter cries, “and I will repay the entire amount!” But the executive won’t hear of it and promptly has his comrade thrown into prison.

Fellow citizens have been watching the events unfold and are aghast. They run to the emperor and promptly related the facts. The sovereign forthwith summons his official and publically excoriates him, upbraiding him for his callousness and hardness of heart. As punishment for his lack of mercy, the ruler has the commissioner thrown into prison until he could pay the incalculable debt.

Jesus concludes with these words: “In just the same way my father in heaven will deal with each and every one of you who does not forgive your brother or your sister from your heart.” (Matthew 18:35)

My friends, it doesn’t matter what others have done to hurt, to offend or to displease you. If you want blessings, pardon and release, if you want true peace, if you want a quiet island of solace, then forgive

Worship services
<div>Protestant</div> <div><div><div>■ Sunday 8 a.m. and 10:45 a.m. Daniel Circle Chapel (Gospel)</div><div>8 a.m. Bayonet Chapel (Hispanic)</div><div>9:00 and 10:30 a.m. Magruder Chapel</div><div>9:30 a.m. Main Post Chapel</div><div>10:45 a.m. Post-wide Sunday School (Post Chapel)</div><div>11 a.m. Daniel Circle Chapel</div><div>11 a.m. Memorial Chapel</div><div>11 a.m. Chapel Next Chaplain School</div></div><div><div>■ Wednesday 7 p.m. Gospel Mid-week Service Daniel Circle Chapel</div></div><div><div>PROTESTANT BIBLE STUDY</div><div>■ Monday 7 p.m. Women's Bible Study (PWOC - Post Chapel, Class 209)</div><div>■ Wednesday 7 p.m. Anderson Street Chapel</div><div>7 p.m. Daniel Circle Chapel</div><div>7 p.m. Gospel Congregation's Youth (Daniel Circle Chapel)</div><div>■ Thursday 9:30 a.m.-noon Women's Bible Study (PWOC, Post Chapel)</div><div>6 p.m. Neighborhood CMF/OCF Bible Study (Call 790-4699)</div><div>7 p.m. LDS Bible Study (Anderson Chapel)</div><div>■ Saturday 8 a.m. Men's Prayer Breakfast (Post Chapel, (every second Saturday of the month in Chapel Fellowship Hall)</div></div><div><div>PROTESTANT YOUTH OF THE CHAPEL</div><div>■ Sunday 5 p.m. Daniel Circle Chapel (1st & 3rd Sundays)</div><div>■ Wednesday 6:30 p.m. Main Post Chapel</div></div></div>
<div>Lutheran/Episcopalian</div> <div><div>■ Sunday 8 a.m. Memorial Chapel</div></div>
<div>Islamic</div> <div><div>■ Sunday 8-10 a.m. Islamic Studies</div><div>■ Friday 12:30-1:45 p.m. Jum'ah Services (both — Main Post Chapel)</div></div>
<div>Church of Christ</div> <div><div>■ Sunday 11:30 a.m. Anderson Chapel</div></div>
<div>Catholic</div> <div><div>■ M-F 11:30 a.m. Mass (Post Chapel)</div><div>■ Sunday 8 a.m. Mass (Solomon Center)</div><div>11 a.m. Mass (Main Post Chapel)</div><div>9:30 a.m. Mass (120th AG Battalion Chapel)</div><div>9:30 a.m. CCD (Education Center)</div><div>9:30 a.m. Adult Sunday School</div><div>12:30 a.m. Catholic Youth Ministry</div><div>■ Wednesday 7 p.m. Rosary</div><div>7:30 p.m. RCIA/Adult Inquiry</div></div>
<div>Jewish</div> <div><div>■ Sunday 9:30-10:30 a.m. Memorial Chapel</div><div>10:30-11:30 a.m. Jewish Book Study (Post Conference Room)</div></div>
<div>Latter Day Saints</div> <div><div>■ Sunday 9:30-11 a.m. Anderson St. Chapel</div></div>
<div>Addresses, phone numbers</div> <div><div>Daniel Circle Chapel — 3359 Daniel Circle, Corner of Jackson Blvd., 751-4216</div><div>Main Post Chapel — 4580 Strom Thurmond Blvd., corner of Scales Ave., 751-6469</div><div>Bayonet Chapel — 9476 Kemper St., 751-4542</div><div>Family Life Chaplain - 4850 Strom Thurmond Blvd. (inside of Main Post Chapel), 751-5780</div><div>Anderson St. Chapel — 2335 Anderson St., Corner of Jackson Blvd., 751-7032</div><div>Education Center — 4581 Scales Ave.</div><div>Magruder Chapel — 4360 Magruder Ave., 751-3883</div><div>120th Rec. Bn. Chapel — 1895 Washington St., 751-5086</div><div>Memorial Chapel — 4470 Jackson Blvd., 751-7324</div><div>Chaplain School — 10100 Lee Road, 751-8050</div></div>

and release your brother or sister from whatever he or she has done to offend you.

After all, you surely don’t want any bitterness taking root, robbing you of your joy. Just be kind to one another, tenderhearted, forgiving one another, as God in Jesus has forgiven you. And you will immediately experience the peace that passes understanding.

Amputees inspire Ten-milers

Tim Hipps

Army News Service

ARLINGTON, Va. — Brazilian Army Pvt. Reginaldo Campos Jr. won the men's division and Veena Reddy of Centreville, Va., led the women in the 24th running of the Army Ten-Miler, which started and ended at the Pentagon Sunday.

Campos, 21, of Rio de Janeiro, improved upon his second-place finish in 2007 to win the race with a time of 48 minutes, 59 seconds.

Steve Hallinan, 22, of Arlington, Va., was second in 49:08, and was followed by Joseueldo Nascimento, 27, of Rio de Janeiro, in 49:12; All-Army team member 1st Lt. Philip Sakala, 25, of Fort Carson, Colo., in 49:45; and 2007 Army Ten-Miler champion Jose Ferreira, 32, of Rio de Janeiro, in 50:03.

Reddy, 29, won the women's race with a time of 58:08, and was followed by Mesert Kotu, 26, of Ethiopia, in 58:45; Gabriela Trana, 28, of Costa Rica, in 59:08; All-Army Capt. Mickey Kelly, 30, of Fort Carson, in 59:29; and Capt. Emily Potter, 29, of Alexandria, Va., in 59:40.

Jason Clark of Wilkes-Barre, Pa., won the wheelchair division with a time of 1 hour, 1 minute, 26 seconds. Hope Galley of Falls Church, Va., led the women's wheelchairs in 1:03:31.

The true "rabbits" on this picture-perfect day for road racing, however, were the "Missing Parts in Action" competitors from Walter Reed Army Medical Center in Washington and Brooke Army Medical Center in Fort Sam Houston, Texas — physically challenged Soldiers who got a 10-minute head start and motivated the elite runners to work harder.

Several of the front-runners in America's largest 10-mile road race shared encouraging words and gestures as they passed the wounded warriors and wheelchair competitors.

"Something like this really puts in context what we're doing in the States and overseas with all of our Soldiers, just seeing all of the wounded warriors out there," Sakala said. "I've had two really good buddies pass away — one in Iraqi Freedom and one in Afghanistan. When I'm feeling bad [on the run] and I look over and see these guys doing this — some running on one leg and even some double-amputees — that makes me want to go harder and makes me want to do well.

"I've got Army on my chest and those guys show what we're doing. It takes you back a little bit. I was going back-and-forth and back-and-forth with a guy in a chair. It just makes me really proud to be an American Soldier and very proud of what I'm doing right now.

"It really put into context how awesome this event is," Sakala said.

Sakala unsuccessfully competed for a berth on Team USA for the 2008 Olympics as a member of the U.S. Army World Class Athlete Program. He recently was released from the program and reported to Fort Bragg, N.C. After completing Army Airborne Jump School at Fort Benning, Ga., he likely will deploy to help fight the War on Terrorism.

On this day, Sakala, a 2006 graduate of the United States Military Academy at West Point, N.Y., set the pace for the lead pack through five miles before relinquishing



Photo by Tim Hipps, Army News Service

Members of the Missing Parts in Action Team of amputees from Walter Reed Army Medical Center in Washington and Brooke Army Medical Center at Fort Sam Houston, Texas, start the 24th running of the Army Ten Miler.

the lead to members of the Brazilian Army Team during the sixth mile.

"When the first Brazilian came, my legs were shot," admitted Sakala, a 1,500-meter specialist who regrouped and battled gamely to finish fourth. "I was just hanging on after that, but that was my personal record for 10 miles. I thought three miles was long, but all things considered, I was really happy going under 50 minutes."

Campos, who ran on Sakala's shoulder for the first five miles, made a strong surge during the sixth mile and quickly opened a 25-meter lead.

"Last year, I waited until too late and finished second," Campos said. "First, I like more."

A "Hooah!" pin adorned the lapel of Campos' warm-up jacket.

"It makes me feel very good to represent the Army and my country, and the realization of myself as an athlete," said Campos, who also ran his personal-best time for 10 miles on the road.

While running down the homestretch, Campos was handed a Brazilian flag, which he hoisted above his head as he broke the tape at the finish line.

Brazilian Army Maj. Gen. Cesar Zambao said his team was invited to compete in the Army Ten-Miler for the first time last year. After his runners finished 1-2-3-4-6 in 2007 and claimed four of the top nine spots on Sunday, he said they plan to make the trip an annual tradition.

Second-place finisher Hallinan, a 2008 graduate of American University, passed four runners in the final four miles, including two in the last two. Large crowds that

Army Ten-Miler Fort Jackson results

Active Duty Men

Greg Wyrobek	59:26
Ricky DeShaw	1:00:22
Jose Mendez	1:09:28

Active Duty Women

Brittany Sunko	1:15:35
Tina Wallace	1:19:49
Monique Parris	1:53:12

Active Duty Men Masters

Stephen Lockridge	1:01:03
Roscoe Gudger	1:16:12
Lawrence Anyanwu	1:18:30

* **Note:** Top three finishers for each category.

lined the race route cheered him along as the first American.

"People were saying: 'C'mon, USA!' It kind of gave me chills," he said. "I felt like I had the weight of my country on my shoulders."

Editor's Note: Tim Hipps serves with FMWRC Public Affairs.